

The Rhythm of Life

by David Washington

I move to the rhythm of Life
I groove in the Temple of Light
I prove that it all works out right
Through the heart at one in Love;
At one in Love.

Fear and worry have no place in me
As I'm living free.
At the heart of the matter is a greater reality
That lights my way

I hear the message that my sadness brings;
I'm still living free!
At the heart of the matter is a greater reality
That lights my way!

I move to the rhythm of Life
I groove in the Temple of Light
I prove that it all works out right
Through the heart at one in Love;
At one in Love.

I move to the rhythm of Life
I groove in the Temple of Light
I prove that it all works out right
Through the heart at one with Love;
Through the hands at one in Love
Through the Mind of the One!....
At one in Love.